



Market & Eatery



6.25 years

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Special points of interest:

- Jam Session Thursday evenings.
- Annual Party in January.
- Full Recycling
- Buyer's Club
- Social venue and Eatery with wood stove
- A wonderful working Board
- Enthusiasm from the Communities

GRATITUDE

Growing our own Co-op the way we did, with limited resources and sales buying stock, there was never enough capital to send me away from home to share in the big picture of Co-op development .

The Northwest Co-op Development Center came to us, through grants that they gathered from the USDA. They trained our Board, hired an attorney, got our paperwork and made us what we are today. They have been friend and mentor all the way.

This year they announced their annual conference, "Fresh Starts" and with all the bright flashing lights and energy around it, I was able to attend. Three wonderful days to Portland and back. My gratitude goes out to this group of people who do a great job coordinating the principles of cooperative business structure and traveling far and wide to make a difference. Thank you.

I felt rewarded in a wonderful way by being at this conference. I now know we are up there with the best of them in the Co-operative food business. We have been given very good advice and mentoring and have a template for success granted us by the staff of NWCDC and their connections with the USDA.

I appreciate the value of living in the moment and making life and its actions a positive, happy and understandable experience

I saw the gross benefits of working together to make a common goal. The power of living the Dream. The value of spreading happiness and love and best of all the benefits of sharing skills and resources.

This brings us back to the mission statement on the back of this newsletter, and the value of encouraging others to live to their

best potential.

The group of folk who have served over the years and the goodness of their hearts that they have given to the Co-op is the reflection of what it is today.

In 2007 a friend suggested getting some boxes of fruit and vegetables and doing a road side stand. My husband and I said we would help, and now 61/4years later here we all are. By sharing her initial vision and leading it forward we have attained what we set out to do., provide a food co-op to a group of small communities who are in a food desert and in extreme isolation.



Gratitude from Jane, General Manager

I have gratitude for the number of people who are sharing their time and skills with the Co-op's evolution. Window cleaning, order pick up, gardening, repair and installation of infrastructure. Businesses who are working with us to gain buying power, developing governance, building acquisi-

tion, maintaining social outlets, graphic design and cottage industries all working together. Members who share resources, folk who make membership to show faith and reap the benefits of working together.

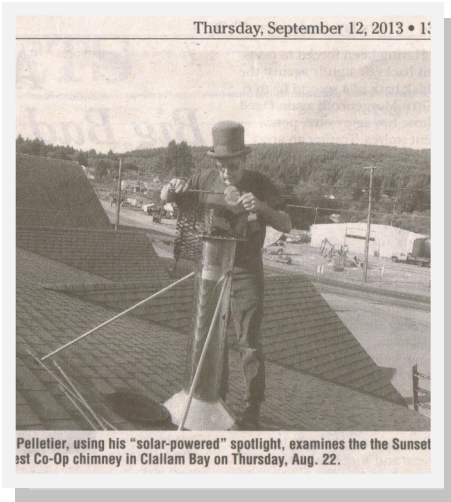
We see ourselves as, "Keepers of the Emerging Co-op Culture". As expressed in our Co-

op's mission statement, our vision, and the dream that carries us all through the turbulence of life and into peaceful and meaningful experiences.

It proves Co-operation is team work.

When we work together we can achieve anything!

"A Sweep is as Lucky as lucky can be"... hang-on All!



Pelletier, using his "solar-powered" spotlight, examines the the Sunset Co-Op chimney in Clallam Bay on Thursday, Aug. 22.

Thank you Donna, our creative reporter, this picture is one of a kind. You are invaluable and gifted! (and good at climbing ladders!)

GRATITUDE FROM AND TO THE TREASURER

I wish to express gratitude to all the people who have contributed, in any way, to the growth of the Co-op. Some have just bought a few things on their way through town, some buy almost everything they buy at the Co-op.

Many have contributed money. Whether just the price of a membership, on up to the \$1/3 million long-term investment in a building.

Contributions of time have been given by so many. From a few minutes helping lift or move something heavy, to professional expertise at different crucial tasks, to people who've con-

tributed years of hard work.

Things are often contributed, too. A few used bags, on up to serious commercial store/kitchen equipment. Other items have been sold to the Co-op at extremely reasonable prices.

Others have contributed to the "ambience." Things like paintings or other art objects on display, some for sale on consignment, or music by amateurs and professionals that keep the place a hub of community activity.

And maybe most important of all, the million or so words of encouragement, given freely.

And all the above, put together, are just what it takes to bring a community back from the brink of disintegration. People doing what they can, how they can and when they can, to build something for everyone. I, and all the current and future Co-op mem-

bers and other members of the community should be and are, grateful to everyone for their participation! Al Pelletier Treasurer.

I share back to Al my gratitude for the wonderful KITCHEN!! It is bringing rave reviews, I have never worked in a commercial kitchen before this one so I did not know how amazing it is. Every looker comments WOW!

For the wonderful refurbishment of equipment Terry and Al did together. The cooler, the friendship, the conversations, the laughter.

The wonderful wood stove providing comfort and security both to the population and to the wet and weary trail walkers who are caught by the weather. We have dried a few out and fed them at the same time. Thank you.

WIDE EXPOSURE

Thank you Jordan Goodman, member, who did a wonderful article on the Peninsula College Bakery at the Corrections Center. He wrote for the Buccaneer. www.peninsulabuccaneer.com

Thank you to the National Co-operative Network for the opportunity to write our own article at www.cooperativecommunity.com

Thank you to Messy Palettes Art League in Clallam Bay Sekiu. We offered you a wall of fame and you in turn gave us exposure on the "Painting Nuts" international Facebook page.

"I am grateful for the enthusiastic support that folk have shown the Co-op." Terry
Vice President



Matthew Board Member

"Gratitude

For me, "gratitude" is a feeling.... a sense of appreciation that comes from within. I find that feelings of gratitude can occur from a something as simple as feeling appreciation after eating a wonderful meal, watching a beautiful sunset, or enjoying the sounds of the rain

gentling falling upon the roof. I find myself particularly appreciative when I take the time to share with friends, family, co-workers and even random strangers, items for which I am grateful.

Taking an internal feeling of appreciation and being able to share and reflect upon

this within my outer world can be very uplifting and inspiring! "

Matthew Whitacre

My gratitude goes out to Matthew for the enthusiasm for which he is unsurpassed. He is always willing to brainstorm a new approach, see things through new lenses and negotiate change.

Gratitude to and from the Customers on 09/09/13

Gratitude means being able to say Thank You at the right time. Karin Ashton Board Secretary

Thank you for asking, I love this store.

I love my parents, I needed to see them.

For this beautiful area, it has brought me back from the brink!

I am happy to be free, in many countries you can't be free. (India) Amol Limbaye

For family friends, good

health, yoga, being able to eat responsibly, travel, seeing different things, trying new things. I am grateful I am able to do things. Grateful to be happy. Mahesh Mantri

For my baby, my boyfriend, a place to live and a job.

My children and family and finding the gems in life like Sol Duc and its mossy trees.

I am grateful to live here on the northwest coast, it is the only place I want to live. Karolyn Burdick

Being able to travel and enjoy the world, being retired and free to choose what to do with my time. Iris Rucker

Let me think, there is so much, for all the undeserved blessings. Eric

My two wonderful parents, my two brother and two sisters and wonderful friends. Old Man River

Most everyone said family, choices, freedom, lifestyle.

To me, gratitude is about having someone else recognize

what is that I most need right now! What will improve my life.

Gratitude to Karen our Secretary featured in last newsletter.



Karolyn, John and Iris, Mary Kay and Gus, along with Byron Hockett have kept the produce flowing all summer.

GRATITUDE LETTER FROM A RAIN SOAKED YOUNG TRAVELER

September 9th 2013

"We talked about how nice it is to write letters in a happy place in a peaceful mindset. So I decided to write sitting near Benny Goodman's jazz music playing here in the Co-op, as my shoes dry off by the fire. Your warm welcome this morning and hospitality was an incredibly pleasant way to come out of the woods where I spent two full days without seeing another human being. I am incredibly grateful to you for that.

In my experience, only 22 years but an eventful 22 years, I've realized that gratitude is one of the most important values in life. Taking moments to recognize what we love and appreciate, giving thanks to those that make us happy, make us feel alive. That's it!! I think it is admirable that you decided to write about such an important topic and I've watched you ask all of the customers what they are grateful for. Not only do you ask them but you truly

care, genuinely listen to their answer so they gain more insight into who they are and what they care about. There is a wonderful feeling of community in this place and I'm happy to be a part of it. If only for just a few hours!

Personally, I am grateful for all of the strangers I meet while adventuring to a new place in search of new and unique experiences. In these foreign places, out on my own, it is easy to feel lonely and out of

place, overwhelmed by it all. But when I have a great conversation with Al, the park ranger, and spend my afternoon here in this place, I regain that sense of peace and calm, happiness and faith in the good of strangers. I am grateful for my family that endures my long stretches of travel, my education that has taught me that experiential learning is much greater than any text book and I am grateful for people like you in this world. Thank you for your warmth and hospitality!!

Dylan Grschwind Chicago Illinois.

Jam Session ~ 'Guitar Wayne'

Wayne was talking with me, and he shared his gratitude to the juniors of Clallam Bay School 2013 who stepped out of their comfort zone to perform for the seniors. He felt the power of giving rather than receiving from these youngsters and the joy they expressed after the stress of per-

formance was done. Good Work Juniors, you crossed the fear barrier, always a good thing to do in safe company. Thanks for your leadership Wayne.

On a personal note, Wayne shared how nice it is to come back and reconnect easily with old friends. (He goes 'home for

the summer' to Ellensburg.) He is grateful for the ease of these reconnections and the ability to share stories of adventures. It is always something to look forward to on his return to the North West Coast.

Gratitude to Mike from Pioneer Propane who gave us TIME to pay for our propane connection. And for the wonderful old 1929 cook stove which is awesome.





Mission Statement

Our Co-op aims to inspire and encourage creative energy within the community.

We aim to engage people in living their dreams.

Sunsets West Co-op is organized to produce, purchase and distribute goods and services for the mutual benefit of its members and patrons,

offering a variety of healthy goods for patrons' choice.

FUNDS RAISED ARE RE-INVESTED IN THE CO-OP FOR GROWTH

We aim to encourage community members to co-operate with one another and nourish their community and its improvement; we aim to involve members in community garden and cottage industries.

A Co-op is a member (worker and customer owned) retail business that provides high quality grocery and retail items at the lowest prices to their customers.

Co-operatives strive to enrich their communities through consumer

education, member/owner rebate programs, member ownership, and the creation of livable wage jobs.

Co-operatives integrate their communities by selling locally grown and produced goods from small family farms and businesses as much as possible.

The Co-operative Identity

Co-operatives are based on the values of self-help, self responsibility,

democracy, equality, and solidarity. In the tradition of their founders,

co-operative members are best to believe in the ethical values of honesty, openness, social responsibility and caring for and about others.

So—Happy people for a happy venture ... Working together for the greater good of their own combined communities.

You are welcome to make membership for \$40, followed by a \$20 per calendar year upgrade.

YOU DO NOT HAVE TO BE A MEMBER TO SHOP HERE!

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The Place with Great Tastes



Jerry George has been our President for the past 12 months. Jerry comes to us from La Conner and lives here in the area. Jerry is invested in happiness, and as such requires an uplifting attitude in all Board matters. Thanks Jerry

“A few years ago my wife and I were scheduled for a six-week backcountry video shoot at 8,000 feet in country we both know and love. Before going I was finding myself out of breath. At first I told myself it was just age and a lifetime of abusing my body catching up. But the breathing got worse. At 8,000 feet there is less than half the amount of breathable oxygen

Message from our President

that there is at sea level. At that altitude folks with breathing problems die of heart failure.

Long story short, I took myself to our Clallam Bay clinic, Tom noticed my heart wasn't right, folks in Forks Hospital confirmed his judgment and I ended up at Harrison Hospital in Bremerton where they told my wife I was days if not hours from a massive, killing heart attack.

Well, I ain't dead yet thanks to the surgeons at Harrison that filleted me like a fish then kindly sewed me back up again.

Not surprisingly, I see sunrises a little differently today. Every time that great orb rises in the east, even on the rainiest, icky day, the light of the new day is pretty darn special to me. Each day is a gift; a wonderful opportunity to make a difference, to be. Every conversation is sensually savored like the French revel in each bite of a

three-hour meal with old friends.

Overstatement? No, my friends, you cannot know how very grateful I am just to be here.

My gratitude doesn't stop at the borders of my own being. Clallam Bay is a very special place — geographically certainly, but also culturally. The people in this community are a joy to be with. So many of the people I've met through my work with the Sunsets West Co-Op are quietly there for one another. They're more than neighbors. In a way that's unique to rural communities all over our tiny planet, the community of Clallam Bay is an extended family.

I'm proud that our CoOp has become a center for our community with happy music on Thursday evenings; hot, healthy food and relaxed conversations, produce grown by local gardeners and farmers, etc., etc.

I am also grateful to our Australian ExPats Jane and Terry who have graced our community with their delightful outback humor, hard work and “how can I help” attitude.

It's looking more like winter out there when every bit of warmth is appreciated. Well come on down to the CoOp. The wood stove's stoked, there's plenty of tea and a bit of coffee, and the warmest hearts I've known.

Thanks for being Clallam Bay.”

