Fall 2012

Volume 6 Issue 3





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Special points of interest:

- Thank you Gus and Mary Kay Michelena for fabulous lettuce this year.
- Thank you Juan
 Baskaran for the
 wonderful veggies
 you share with us
 and the Forks Farmers Market.
- Thank you to all growers!

Sunsets West Co-op



Being Fair—EBT—Snap Program

Message from the Board of Directors

It has only taken 5 years to obtain the Supplemental Nutrition Assistance Program known as Snap, EBT or Food Stamps.

Being a Co-op we have found it a challenge to access this complicated application. Our newest Co-President took it upon herself to undo the mystery surrounding this and within a few months it has come to fruition.

Thank you Michelle.

We are pleased to be able to offer quality foods, that the Co-op is well known for, to the public using the Quest program. Be aware that membership can be paid off in easy installments (in cash) and you can get greater value for your EBT dollars.

When you drive past the Co-op Store in Clallam Bay, we trust you feel a lot of pride in what we have accomplished together. All the equipment and the inventory are paid for by you, the members.

And it doesn't cost you anything! All you do is buy things you will buy anyway, but just buy them from the business you own. "We all like choices, but my choice is for the profit on things I buy to go to a business I own a share of."

Al Pelletier. Owner patronage is the only way to grow the Coop into an even bigger, better local business!

Prices here are already competitive, even though there are no local competitors for many, many items we offer. Can't find what you want on the shelves? Consider paying in advance to have your favorite items stocked!

Eventually, the Co-op will develop into the business we all want and need to have here. And who knows? Someday we may have to give extra money back to the members as dividends!

And all it takes is just for the owners to choose to buy more at their own store! It is obviously working! How fast it works depends on what you, the owners, put into it.

We are concentrating on increasing our stock to serve our communities.

Always ask us for the things you like to buy and we will work on stocking it here for you, you may start a new trend in your area. Variety is FUN!

National Co-op Directory

We have been contacted by the <u>National Co-op Directory</u> for an article on Sunsets West Co-op, its values, growth and direction.

We have digitally supplied the article which will appear in the National Directory this October.

This is a compliment to our organization and our community revitalization.



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Treasurer's Report, Hulk' Lettuce, Co-op Garden

We have been blessed this year with the garden magic of Gus Michelena.



Treasurers Report

In our By-laws it states that the Treasurer must inform the membership within 8 and a half months of the end of the fiscal year whether there are any profits made the previous year.

<u>Treasurers Report:</u> "There is no profit from the 2011 fiscal year." Al Pelletier

We will be considered an emerging Co-op for many years until we establish the business to a substantial level. At this time any profits made could be paid back to

members according to their total purchases made for the previous year.

Co-op's are growing rapidly across the nation as a way for folk to take back control of their community growth and food security.

Home gardens are growing along with businesses as communities supply their own food at the level of safety that they expect and trust.

This is the way of the immediate future.

Thank you to all of you who are growing your own veggies this year.

Gus has brought lettuce to us regularly this year. Any of you who have been lucky enough to be a part of the supply' will say wow! Pictured you see one lettuce. In the center is a regular chocolate bar. These single lettuce have regularly measured 25" across.

Iris has maintained a steady flow of sweet walla walla onions and unique veggies, like Aronia super berries and Epazote herbs.

Your Board

Co-presidents

Michelle Simpson & Matthew Whitacre

Treasurer

Al Pelletier

Secretary Karin Ashton

Diana Goplen

General Manager Jane Hielman

The board has been working long and hard to get the EBT program established.

They have been involved in

researching a Credit Union or Bank facility. To do this we are in touch with BECU, who have researched the establishment of a credit union through about 5 different existing Credit Unions. They then moved on into researching, partnerships between credit unions, then banks and currently grants for underserved rural communities to obtain financial services.

The Board has been setting up a finance committee.

They have been active and regular in holding monthly Board Meetings for the Co-op.

All members are welcome at meetings, everyone is welcome to the end of year annual member meeting-party in December.

If you have a question or request, as a member you make contact with a Board member and they will represent you on the agenda at the Board Meeting. Meetings are Oct 16th, Nov 20th, Dec 18, 6 to 8pm.

Memberships make us strong.

We expect you to order items we do not ordinarily stock.

A wide variety is available to you.

Membership is just \$40 for the first calendar year and \$20 a year after that.

This makes you an equal share owner/member of a growing and viable local business.

"Memberships make us strong." We are more than a store,

we are a way of life.

Memberships



One happy member at the weekly Music Jam session. Great singing Jackie. We love having you here. At this point in time we are celebrating 118 memberships with 195 members. Benefits of membership are the monthly Buyer's Club through Azure Standard. Orders may be placed anywhere through the month and will come back mostly the first week of the next month. This is good food

at great prices. Help is available at the store to place your order, as is a catalog to help you make choices; bring along your order for the month and see what a break you will get by ordering it through the club. You pay only 15% on wholesale as we get a large stock order for the store.

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The 'Cool Bot' in the Cooler

During summer this year, the Cool Room that we installed gave us a few small challenges. As with all projects one or all of the team can be too close to the problem to solve it. So....

During Photosynthesis week where lots of interesting people came to our area, I decided to place a small SOS on the counter, it read, "I need help from anyone who understands the operation of a Cool Bot."

Many folk asked what is a CoolBot, and what sort of help I needed. So the grand tour of the asset held many breathless with awe, "Wow you have a great facility here. But I don't understand the problem they would say." or "I have no idea."

One day in came Michael and Andrew. "Take me to your CoolBot," said one, I felt excited.

They fiddled a small wire and

no more drips! Thank you, you two. What a gift you gave us.

And then along came Scott Bromaggin, with the rest of the magic, which means we are all set now. Things are rolling along smoothly and we can truly say we understand the word cooperation.



Thanks you two..

Proclamation against Bullying

Your Board is united in their **Proclamation to**

Strengthen Community.

This program is designated by the Sheriff's Department to support the growth of strong and healthy individuals and communities.

The document is displayed in the Co-op and cites the understanding that every human being deserves respect. That self respect through success and respect for others will prevent crime and bullying behaviors into the future.

It has been shown that bullying encourages loss of self esteem, emotional problems, depression, anxiety, scholastic failure and even suicide.

It talks of the dangers of cyber bullying in connection with the future of criminal and hurtful behaviors.

That cyber bullying includes sexting.

That bullies in youth often continue to commit crimes in adulthood

And that it is known that communities breakdown in the presence of bullying.

The Co-op is here to stay! I wish to involve the youth of our area in the running and operation of the future co-op!

of the jig dancer. Everything we do to enhance our delight is good for our health.

Action makes reaction and reaction is good for the soul.

Quote: When a person is honored in a group, then that person has a strong right to belong. Belonging creates strength of purpose.

Your Board is united in their

Proclamation to Strengthen Community

Thus focusing on reducing bullying and crime

Music Jam Sessions

These nights are fabulous.

Any of you who have tried to shop whilst the music is happening will be aware of the magic and power that is being shared during these times.

6pm to 8pm on Thursdays each week. Singing, humming, tapping, spoons, instruments, laughter, memories, dancing, clapping, you name it, it is happening. The last two weeks different ladies danced the Irish Jig to one of the tunes. A 92 year old guitarist arrived another time; he used to play in a band and was enchanted to join in with others. Look up our web site and play the video



Some of the characters who love to make music.

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Market

The Place with Great Tarter

Mission Statement

Our Co-op aims to inspire and encourage creative energy within the community.

We aim to engage people in living their dreams.

Sunsets West Co-op is organized to produce, purchase and distribute goods and services for the mutual benefit of its members and patrons,

offering a variety of healthy goods for patrons' choice.

FUNDS RAISED ARE RE-INVESTED IN THE CO-OP FOR GROWTH

We aim to encourage community members to co-operate with one another and nourish their community and its improvement; we aim to involve members in community garden and cottage industries.

A Co-op is a member (worker and customer owned) retail business that provides high quality grocery and retail items at the lowest prices to their customers.

Co-operatives strive to enrich their communities through consumer

education, member/owner rebate programs, member ownership, and the creation of livable wage jobs.

Co-operatives integrate their communities by selling locally grown and produced goods from small family farms and businesses as much as possible.

The Co-operative Identity

Co-operatives are based on the values of self-help, self responsibility,

democracy, equality, and solidarity. In the tradition of their founders,

co-operative members are best to believe in the ethical values of honesty, openness, social responsibility and caring for and about others.

So—Happy people for a happy venture ... Working together for the greater good of their own combined communities.

You are welcome to make membership for \$40 .Then \$20 per year upgrade.

YOU DO NOT HAVE TO BE A MEMBER TO SHOP HERE!

LAUGHTER YOGA

Still happens on the <u>first</u>
<u>Tuesday of each month 6 to</u>
<u>7pm. FREE</u>

GREAT STRAIT SALE

Our Car Park is open to rummage and all garage sale vendors on Saturday 8th September.

ARTIST OF THE MONTH

Artist of the month: September is

Barbara Hull. A reception for Barb will be held on Saturday the 8th of September. Drop on in and visit with Barb at the Co-op. 1 to 5pm

Artist of the month: October is

June Bowlby.

<u>Artist of the month:</u> November is Kathleen Haney.

<u>Artists of the month</u>: December is a Messy Pallet Group Show.

MUSIC JAM SESSION

Every Thursday night 6pm to 8pm FREE

Congratulations to Thu Tang



Thu Tang is one of our Co-op Members. We wish to congratulate her on her Citizenship.

She has been married to Robert Stephens for 6 years, during which time she has learned the language, learned hair dressing and beauty care, learned to run her own business and learned to be an American.

This was no small feat for Thu as it all had to be achieved in her new language.

She shares the Mall with the Co-op, Unique Junque and Kydaka Storage. We value her as our Beauty Shop owner and friend.

Many folk said they helped her to study for her test and were equally proud of her for her efforts.

Well done Thu!

Her aunt gave her a celebration in Seattle and community gave her a party here at the Green Building. THU your community appreciates you. **Jane**